

## Kalmar Triathlon 2010 Resultatlista

### Damer master 35

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	228	Linda Kjellgren	Triathlon Väst	01:47:08	6	00:08:08	06:24:45	5	00:05:28	04:15:58	1	12:41:25	
2	386	Charlotta Nordbeck	Vallentuna CK Triathlon	01:10:15	1	00:07:14	06:12:18	3	00:06:21	05:12:44	4	12:48:49	
3	225	Vibeke Dybwad	Trondheim Triathlon klubb	01:47:20	8	00:14:09	05:49:20	1	00:04:05	05:00:28	3	12:55:21	
4	229	Sofie Lantto	Stockholmspolisens IF-Triathlonförening	01:21:00	3	00:03:07	06:18:34	4	00:04:31	05:26:35	5	13:13:45	
5	223	Mari Tjerneld	Stockholm Långdistansklubb	01:47:10	7	00:07:19	06:37:51	7	00:05:36	04:36:14	2	13:14:08	
6	227	Helena Lindahl	Stockholm City Triathlon	01:25:38	5	00:03:55	06:11:53	2	00:04:15	06:07:19	7	13:53:00	
7	224	Angela Gerlitz	Väsby SS Triathlon	01:23:23	4	00:07:15	06:57:11	8	00:05:12	05:38:15	6	14:11:14	
230		Mia Fogel	Väsby SS Triathlon	01:16:49	2	00:06:35	06:30:06	6	00:03:53				DNF

### Damer master 40

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	307	Marie Johansson	Kalmar Running Club	01:25:46	4	00:04:19	05:59:14	1	00:02:44	04:19:03	1	11:51:04	
2	305	Sara Giselsson	Karlskrona Simsällskap	01:25:24	3	00:03:49	06:04:00	2	00:05:50	04:49:53	3	12:28:54	
3	308	Eva-Lott Elefant	Trollhättans SOK Triathlon	01:42:03	6	00:05:31	06:30:39	4	00:02:27	04:27:34	2	12:48:12	
4	306	Emelie Papenburg	AV Triathlon	01:15:59	1	00:06:12	06:27:16	3	00:07:30	05:23:21	5	13:20:17	
5	309	Anneli Sjögren	Trollhättans SOK Triathlon	01:34:50	5	00:05:15	06:39:42	5	00:01:58	05:23:18	4	13:45:02	
304		Susanna Isegran	Triathlon Väst	01:22:26	2	00:04:11							DNF

### Damer master 45

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	344	Lena Karlsson	Eskilstuna IK Triathlon	01:13:07	1	00:02:32	05:48:37	1	00:01:26	05:17:34	1	12:23:15	

### Damer master 50

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	367	Angela Valcic	Västerås Simsällskap	01:35:07	1	00:06:20	06:49:48	1	00:03:26	05:45:37	1	14:20:16	

### Damer motion

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	415	Anna Holmgren	Södertörns brandförsvärsförbund	01:14:53	2	00:03:38	05:35:17	1	00:01:46	04:15:07	4	11:10:38	
2	414	Johanna Brinne Roos	Spårvägens FK	01:10:51	1	00:06:08	06:15:03	2	00:04:06	03:38:38	1	11:14:45	
3	402	Sara Carsbrant	Malmö	01:15:34	3	00:08:22	06:27:55	4	00:04:37	04:56:00	8	12:52:25	
4	701	Iselin Munkelien Haugen	Oslofjord Triathlon klubb	01:21:25	5	00:11:24	06:55:57	13	00:07:14	04:16:58	5	12:52:56	
5	404	Åsa Samuelsson	IF Linnéa	01:28:02	7	00:05:09	06:40:56	9	00:05:09	04:35:07	6	12:54:22	
6	410	Marianne Sigurdsdotter Honig	Tyresö	01:46:24	13	00:15:54	06:39:15	7	00:05:20	04:12:39	3	12:59:29	
7	412	Åsa Larson	Stockholmspolisens IF-Triathlonförening	01:21:05	4	00:03:01	06:40:12	8	00:03:38	05:04:43	9	13:12:37	
8	406	Frida Södermark	GÖIF Tjälve	01:48:37	15	00:09:48	07:14:59	15	00:07:35	03:52:28	2	13:13:25	
9	417	Hanna Erixon	Triathlon Väst	01:23:06	6	00:04:22	06:26:23	3	00:07:47	05:15:13	12	13:16:49	
10	400	Linda Fredriksson	Högbj IF	01:33:46	10	00:09:11	06:54:01	12	00:05:34	04:52:57	7	13:35:26	
11	407	Ulrika Jensin	FK Herkules Triathlon	01:48:30	14	00:07:16	06:29:41	6	00:04:33	05:16:27	13	13:46:24	
12	411	Lina Wallin	Mora	01:31:34	9	00:07:25	06:51:52	11	00:06:01	05:13:00	10	13:49:50	
13	403	Sara Gradling-Sjöström	ART	01:34:48	12	00:09:02	06:28:12	5	00:04:19	05:41:47	15	13:58:07	
14	405	Erika Rosenbaum	Stockholmspolisens IF-Triathlon	01:33:55	11	00:07:43	07:11:31	14	00:03:42	05:14:21	11	14:11:11	
15	401	Susanne Christenson	Lerum	01:31:30	8	00:12:50	06:47:07	10	00:09:35	05:30:55	14	14:11:55	
416		Katarina Åström	Triathlon Väst										DNF

### Damer senior

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	162	Helene Malmkvist	Stockholm City Triathlon	01:10:28	9	00:03:18	04:54:45	1	00:03:21	03:37:47	1	09:49:37	
2	127	Emma Lindwall	Stockholm City Triathlon	01:08:04	7	00:02:43	05:18:16	4	00:03:03	03:43:38	3	10:15:43	
3	150	Linda Eriksson	IK Hakarpspojarna	01:17:16	17	00:03:00	05:11:55	2	00:02:40	03:47:38	4	10:22:26	
4	141	Åsa Lundström	338 Småland Triathlon & MSF	01:15:16	15	00:03:09	05:22:43	5	00:01:30	03:50:38	5	10:33:15	
5	153	Henny Holmlund	Stöcke TS Järnet	01:03:08	2	00:01:55	05:27:35	6	00:01:50	03:59:53	9	10:34:20	
6	154	Senta Jakobsen	Stockholm City Triathlon	01:00:59	1	00:03:51	05:33:26	9	00:02:27	03:56:01	7	10:36:42	
7	135	Karin Edvinsson	Karlskrona Simsällskap	01:04:39	4	00:02:58	05:28:43	8	00:02:12	04:06:29	14	10:44:59	
8	125	Christine Wageborn	Triathlon Väst	01:12:06	11	00:02:21	05:28:39	7	00:03:06	04:02:22	10	10:48:31	
9	149	Karna Wiberg	Västerås Simsällskap	01:12:28	13	00:03:25	05:54:46	19	00:02:09	03:40:06	2	10:52:52	
10	126	Ida Holmlund	Stöcke TS Järnet	01:12:27	12	00:01:50	05:38:08	10	00:01:33	04:05:51	13	10:59:48	
11	145	Emma Graaf	IK Fyris/Triathlon	01:03:17	3	00:02:26	05:43:45	14	00:01:28	04:09:05	15	10:59:59	
12	128	Linda Sernfalk	Stockholm City Triathlon	01:10:55	10	00:03:09	05:48:08	17	00:05:04	04:02:48	11	11:10:01	
13	146	Louise Rundqvist	Stöcke TS Järnet	01:14:24	14	00:03:06	05:41:41	13	00:01:52	04:09:35	16	11:10:36	
14	163	Jessica Rylander	Eskilstuna IK Triathlon	01:16:42	16	00:03:29	05:45:03	15	00:01:24	04:04:59	12	11:11:36	
15	155	Liza Karlberg	Halmstad Triathleterna	01:09:56	8	00:05:47	05:47:05	16	00:02:59	04:12:27	18	11:18:12	
16	132	Karin Linnarsund	Stockholm City Triathlon	01:20:49	21	00:03:25	05:18:03	3	00:04:10	04:32:23	24	11:18:47	
17	131	Angelica Ericsson	Stockholm City Triathlon	01:07:17	5	00:03:32	05:57:12	20	00:02:49	04:24:21	21	11:35:11	
18	152	Maria Gabriels	Qvarnsvedens Triathlonklubb	01:27:58	29	00:05:19	05:38:19	11	00:01:39	04:23:33	20	11:36:47	
19	137	Sofia Sandberg	Triathlon Väst	01:31:54	30	00:04:29	05:39:54	12	00:01:34	04:26:23	22	11:44:13	
20	139	Lena Holmgren	I 2 IF Karlstad	01:20:10	20	00:03:38	06:27:30	26	00:04:12	03:59:11	8	11:54:39	
21	151	Emma Frank	FK Herkules Triathlon	01:18:06	19	00:04:32	06:00:09	21	00:04:44	04:28:09	23	11:55:38	
22	148	Caroline Filipsson	Triathlon Väst	01:07:53	6	00:02:50	05:50:50	18	00:02:38	05:01:54	28	12:06:03	
23	144	Anna Thorning	SK Rye	01:38:55	32	00:05:47	06:27:58	27	00:02:18	03:51:51	6	12:06:47	
24	161	Tina Fastesson	Linköpings Triathlonklubb	01:26:45	28	00:04:47	06:00:36	22	00:02:07	04:45:02	25	12:19:14	
25	133	Charlotta Norén	Örserums Idrottsklubb	01:22:23	25	00:05:06	06:37:47	28	00:05:33	04:17:12	19	12:27:59	
26	130	Liselott Holmberg	Stockholm Långdistansklubb	01:24:26	27	00:03:53	06:08:47	24	00:04:41	04:49:52	26	12:31:37	
27	160	Elenor Nilsson	Kalmar Running Club	01:53:22	35	00:09:14	06:26:50	25	00:02:41	04:11:40	17	12:43:45	
28	134	Henrika Carlson	Triathlon Väst	01:22:03	24	00:03:34	06:08:31	23	00:02:18	05:23:43	29	13:00:07	
29	158	Tora Philp	Stockholm City Triathlon	01:21:54	23	00:06:23	06:48:21	31	00:02:32	04:57:12	27	13:16:20	
30	136	Caroline Johansson	Triathlon Väst	01:24:04	26	00:05:12	06:42:22	29	00:02:35	05:27:02	30	13:41:13	
31	156	Lina Noaksson	Stockholmspolisens IF-Triathlonförening	01:34:10	31	00:08:13	06:42:49	30	00:09:22	05:37:07	32	14:11:38	
32	159	Lotta Kellander	Heleneholms IF Tri Team	01:17:47	18	00:04:04	07:24:29	33	00:03:42	05:28:55	31	14:18:56	
33	157	Lisa Lantto	Stockholmspolisens IF-Triathlonförening	01:38:57	33	00:04:22	07:06:54	32	00:02:23	05:37:48	33	14:30:22	
164		Hanna Slotte	Dalregementets IF	01:44:12	34	00:04:38	07:46:35	34	00:03:19				DNF
129		Helena Kvapil	Stockholm City Triathlon	01:20:53	22								DNF

### Herrar master 35

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	171	Lars Rosencrantz	Triathlon Väst	00:54:50	1	00:01:57	04:49:33	2	00:02:34	03:40:31	9	09:29:23	
2	9	Peter Oom	FK Herkules Triathlon	01:04:35	7	00:01:53	05:02:14	4	00:01:55	03:26:24	2	09:37:01	
3	180	Björnar Lunde	Bergen Triathlon Club	01:13:50	27	00:03:32	04:48:05	1	00:01:48	03:33:39	4	09:40:51	
4	172	Toni Apell	Lidan Tri Club	00:57:39	3	00:02:32	05:11:51	14	00:01:40	03:38:11	8	09:51:51	
5	212	Mikael Rappe	Väsby SS Triathlon	01:20:29	37	00:04:03	05:10:46	12	00:01:44	03:14:51	1	09:51:52	
6	218	Henrik Törn	Stockholmspolisens IF-Triathlonförening	01:07:38	11	00:02:41	05:04:23	6	00:01:31	03:37:05	6	09:53:16	
7	210	Tony Långström	Lammhult Cyklisterna	01:12:00	21	00:03:45	04:53:05	3	00:02:12	03:46:02	13	09:57:02	
8	203	Jens Blixth	Östersunds CK	01:11:53	20	00:02:26	05:07:42	9	00:02:55	03:32:12	3	09:57:06	
9	383	Endre Barat	Väsby SS Triathlon	00:57:36	2	00:01:52	05:17:46	16	00:01:43	03:40:35	10	09:59:30	
10	384	Pär Fransson	Karlskrona Simsällskap	01:14:44	28	00:02:18	05:07:13	7	00:01:21	03:37:04	5	10:02:38	
11	170	Anders Malm	Linköpings Triathlonklubb	01:11:10	16	00:02:							

## Kalmar Triathlon 2010 Resultatlista

### Herrar master 35

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
13	214	Robert Rundqvist	Kvarnbyns löparsällskap	01:11:48	19	00:03:17	05:19:23	19	00:01:42	03:43:03	11	10:19:13	
14	209	Sean McFarlane	Stirling Triclub	01:23:12	45	00:03:58	05:13:29	15	00:01:55	03:44:08	12	10:26:41	
15	205	Jan Evertsson	IK Trasten	01:12:46	23	00:01:55	05:09:41	11	00:02:08	04:02:28	23	10:28:55	
16	199	Daniel Höglund	Team Tenant & Partner	01:18:23	33	00:02:49	05:18:14	17	00:02:19	03:47:40	14	10:29:24	
17	200	Björn Ericsson	Nässjö SLS Triathlon	01:06:42	8	00:03:39	05:28:11	30	00:02:56	03:55:59	18	10:37:25	
18	174	Sebastien Grzelewski	Stöcke TS Järnet	01:10:04	15	00:03:39	05:34:18	33	00:03:04	03:59:31	20	10:50:34	
19	194	Per Dahlgren	Karlskrona Simsällskap	01:17:08	31	00:04:38	05:21:21	23	00:02:50	04:11:22	26	10:57:17	
20	185	Johan Dahlgren	Club Active Island Tjörn	01:18:20	32	00:02:12	05:35:47	36	00:02:56	04:01:59	21	11:01:12	
21	202	Martin Alexandersson	FK Herkules Triathlon	01:13:32	25	00:04:35	05:21:20	22	00:03:14	04:20:04	31	11:02:43	
22	201	Lars-Erik Hasler	Västerås Simsällskap	01:21:50	38	00:03:04	05:20:35	21	00:01:27	04:17:03	29	11:03:58	
23	175	Stefan Bolling	Vallentuna CK Triathlon	01:11:21	17	00:03:11	05:25:31	26	00:02:57	04:21:31	33	11:04:29	
24	398	Magnus Kalén	Kalmar Running Club	01:06:54	9	00:02:42	05:34:42	34	00:02:06	04:18:22	30	11:04:46	
25	193	Robert Johansson	Buena Vista Athletic Club	01:24:41	46	00:06:54	05:41:30	39	00:01:54	03:52:25	15	11:07:22	
26	206	Andreas Forsberg	Qvarnsvedens Triathlonklubb	01:16:13	30	00:04:31	05:26:50	28	00:03:39	04:16:22	28	11:07:33	
27	396	Christer Beckard	Lidingö Triathlon	01:18:28	34	00:04:49	05:23:52	25	00:02:36	04:20:15	32	11:09:58	
28	213	Esa Rotinen	Stockholm Långdistansklubb	01:27:18	49	00:06:10	05:32:29	32	00:02:48	04:02:11	22	11:10:54	
29	195	Tom Bergene	BK Triathlon	01:22:11	41	00:06:36	05:19:54	20	00:03:21	04:23:19	35	11:15:19	
30	173	Magnus Lageson	Idrottsklubben Wilske	01:11:39	18	00:03:53	05:28:09	29	00:03:06	04:32:30	38	11:19:15	
31	192	Morten Quist	Alot	01:18:32	35	00:08:21	05:35:07	35	00:04:52	04:16:12	27	11:23:01	
32	207	Mattias Hjalmered	Triathlon Väst	01:20:01	36	00:08:09	05:42:51	41	00:03:38	04:08:57	24	11:23:34	
33	177	Carl Nordbeck	Vallentuna CK Triathlon	01:07:41	12	00:05:13	05:23:22	24	00:03:28	04:45:41	43	11:25:23	
34	217	Fredrik Adolfsson	Norrköpings Kappsim klubb	01:22:17	42	00:06:10	05:30:54	31	00:05:35	04:33:57	39	11:38:52	
35	211	Olav Osen	Oslofjord Triathlon klubb	01:08:26	14	00:04:58	05:41:55	40	00:07:03	04:38:17	40	11:40:38	
36	191	Thomas Olsson	Stöcke TS Järnet	01:07:59	13	00:02:15	05:49:29	44	00:01:55	04:39:06	41	11:40:42	
37	189	Frank Vagstad	Bergen Triathlon Club	01:25:20	47	00:04:48	05:26:19	27	00:04:59	04:44:21	42	11:45:45	
38	222	Jonas Sköldberg	Länsförsäkringar AB:s Idrottsförening	01:13:34	26	00:03:05	05:36:47	37	00:03:33	04:49:22	45	11:46:19	
39	220	Niklas Einarsson	Triathlon Väst	01:22:22	43	00:05:00	05:37:02	38	00:03:02	04:45:52	44	11:53:16	
40	204	Stellan Borg	Frostamultisport klubb	01:27:14	48	00:05:18	05:55:39	46	00:03:20	04:21:59	34	11:53:27	
41	187	Kristoffer Fredriksson	Stockholm Långdistansklubb	01:22:58	44	00:05:16	06:28:32	53	00:03:17	03:54:09	16	11:54:10	
42	221	Patrik Landstorp	Eskilstuna IK Triathlon	01:35:41	51	00:03:36	06:13:49	52	00:03:05	03:58:44	19	11:54:52	
43	219	Robert Nilsen	Kungsbacka simsällskap	01:28:00	50	00:05:14	05:55:55	47	00:02:41	04:23:55	37	11:55:44	
44	197	Per Edlund	Stöcke TS Järnet	01:21:51	39	00:02:33	06:08:01	51	00:03:17	04:23:20	36	11:59:01	
45	215	Sebastian Tomac	Stockholmspolisens IF-Triathlonförening	01:53:09	54	00:07:02	05:47:32	42	00:02:13	04:10:45	25	12:00:39	
46	381	Linus Sellven	I 2 IF Karlstad	01:15:30	29	00:04:45	05:51:19	45	00:02:11	05:07:45	48	12:21:28	
47	216	Christen Vagle	Oslofjord Triathlon klubb	01:22:04	40	00:06:22	05:49:22	43	00:05:50	05:00:13	46	12:23:50	
48	182	Niklas Jalkner	Stockholm Multisport klubb	01:12:06	22	00:04:42	05:56:00	48	00:08:17	05:43:44	49	13:04:47	
49	178	Max Zigliara	Vallentuna CK Triathlon	01:38:32	53	00:03:46	06:06:21	50	00:02:57	05:46:54	50	13:38:28	
50	186	Mathias Johansson	Triathlon Väst	01:36:41	52	00:07:26	06:55:25	54	00:04:24	05:03:14	47	13:47:07	
393		Anders Höglund	Fredrikshof IF CK	01:07:16	10	00:06:55	05:18:58	18	00:02:44				DNF
208		Fredrik Nilsson	Karlskrona Simsällskap	01:01:01	6	00:05:08	06:05:41	49	00:06:05				DNF
190		Arnoud Van Garderen	AV Triathlon	00:57:55	4	00:03:06	05:07:38	8	00:03:25				DNF
181		Joakim Sundh	Kungsörs Sportklubb	01:13:06	24	00:02:59	05:04:00	5	00:01:37				DNF

### Herrar master 40

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	232	Carl Brümmer	Triathlon Väst	01:00:00	3	00:01:58	04:51:10	4	00:01:22	03:09:20	1	09:03:50	
2	293	Hans Ydremerik	Nässjö SLS Triathlon	01:07:30	12	00:01:59	04:40:22	1	00:01:48	03:21:21	3	09:12:58	
3	290	Odd Larson	Stockholmspolisens IF-Triathlonförening	01:12:04	23	00:02:10	04:52:15	5	00:01:22	03:30:24	5	09:38:13	
4	231	Göran Hilmersson	Triathlon Väst	00:59:09	2	00:01:48	04:49:22	3	00:01:17	03:47:32	13	09:39:05	
5	242	Pär Kristoffersson	Stockholmspolisens IF-Triathlonförening	00:53:59	1	00:03:26	05:00:30	7	00:01:55	03:48:07	16	09:47:55	
6	299	Gisle Johnsen	Langesud sykkel og triathlon klubb	01:08:11	13	00:03:18	05:06:51	8	00:02:23	03:30:46	6	09:51:26	
7	387	Per Johansson	Örebro AIK	01:00:25	4	00:02:07	05:18:13	16	00:02:41	03:29:30	4	09:52:54	
8	385	Johan Skårskog	Stockholmspolisens IF-Triathlonförening	01:09:28	15	00:03:59	05:07:59	9	00:01:33	03:43:12	8	10:06:10	
9	239	Magnus Arvidsson	Lidan Tri Club	01:06:38	11	00:04:41	05:12:35	13	00:01:59	03:44:38	11	10:10:28	
10	234	Greger Sundin	Stockholmspolisens IF-Triathlonförening	01:12:56	26	00:02:38	05:19:39	18	00:01:48	03:46:55	12	10:23:53	
11	238	Anders Åsberg	SK Rye	01:10:15	17	00:02:44	04:49:02	2	00:03:33	04:18:56	30	10:24:29	
12	301	Stefan Willix	Halmstad Garnisons IF	01:08:48	14	00:04:29	05:11:40	12	00:04:22	03:55:14	19	10:24:31	
13	302	Roger Bostrom-Fors	Stockholmspolisens IF-Triathlonförening	01:11:50	22	00:02:47	05:23:04	20	00:01:22	03:47:55	15	10:26:55	
14	297	Johan Fogel	Väsby SS Triathlon	01:14:05	27	00:02:09	05:19:14	17	00:01:29	03:50:23	18	10:27:18	
15	237	Ola Gustafsson	Tranås SS Triathlon	01:27:06	59	00:04:45	05:34:35	31	00:02:28	03:19:35	2	10:28:28	
16	244	Anders Reinholdsson	Kalmar Running Club	01:15:54	33	00:06:23	05:16:01	14	00:03:13	03:59:29	21	10:40:59	
17	285	Per Mattsson	IK Fyris/Triathlon	01:19:21	45	00:06:11	05:33:56	30	00:02:49	03:44:01	9	10:46:15	
18	245	Stefan Thorwaldsson	Glasriket RC	01:04:18	7	00:03:12	05:35:07	34	00:01:22	04:02:59	23	10:46:58	
19	241	Jan-Olof Nilsson	Team Blekinge Löparförening	01:23:51	53	00:05:26	05:34:55	33	00:03:44	03:40:35	7	10:48:28	
20	291	Anders Le Dous	FK Herkules Triathlon	01:14:11	28	00:03:49	05:36:01	37	00:02:22	03:57:30	20	10:53:51	
21	289	Leif Knutsson	Glasriket RC	01:26:36	58	00:06:01	05:33:26	29	00:01:54	03:48:33	17	10:56:28	
22	255	Anders Jonsson	I 2 IF Karlstad	01:16:36	34	00:02:56	05:30:43	27	00:04:24	04:02:21	22	10:57:00	
23	258	Ulf Rosén	I 2.CC	01:21:50	51	00:03:30	05:46:03	40	00:02:24	03:47:45	14	11:01:30	
24	296	Håkan Johnsson	FK Herkules Triathlon	01:12:22	24	00:07:51	05:24:57	22	00:04:26	04:13:15	27	11:02:50	
25	265	Fredrik Tjernström	Asphalt Green Tri Club	01:37:57	63	00:06:27	05:35:59	36	00:02:27	03:44:10	10	11:06:57	
26	246	Patrik Isegran	Triathlon Väst	01:18:48	43	00:03:45	05:24:18	21	00:04:38	04:16:14	28	11:07:42	
27	264	Morten Underlien Jensen	Odder atletik og motion	01:17:41	37	00:04:57	05:32:59	28	00:02:26	04:10:36	25	11:08:36	
28	300	Jacob Elkjaer	TriathlonHeroes.dk	01:17:38	36	00:06:38	05:34:47	32	00:03:40	04:12:33	26	11:15:14	
29	262	Mattias Evald	IK Hakarpspojarna	01:09:31	16	00:03:54	05:36:45	38	00:01:51	04:23:42	33	11:15:42	
30	277	Roland Mårtensson	Karlshamns Simklubb	01:20:48	47	00:05:00	05:25:25	24	00:02:13	04:26:29	34	11:19:53	
31	235	Per Aviander	I 2 IF Karlstad	01:10:29	19	00:01:56	05:17:33	15	00:01:54	04:50:18	46	11:22:08	
32	236	Wim Timmermans	Stockholmspolisens IF-Triathlonförening	01:04:35	9	00:05:05	05:11:37	11	00:04:51	04:58:22	50	11:24:27	
33	274	Thomas Berglund	Vallentuna CK Triathlon	01:15:02	29	00:05:11	05:54:09	47	00:04:05	04:09:36	24	11:28:02	
34	284	Mikael Lygner	Triathlon Väst	01:04:09	6	00:03:11	04:53:27	6	00:02:11	05:26:26	56	11:29:22	
35	254	Tommy Hagström	I 2 IF Karlstad	01:15:30	31	00:04:52	05:51:13	44	00:03:07	04:22:20	32	11:36:59	
36	267	Tony Petersson	Eskilstuna IK Triathlon	01:18:18	39	00:05:38	05:53:48	46	00:03:32	04:16:31	29	11:37:45	
37	248	Kristofer Svensson	Kalmar Running Club	01:18:36	42				05:48:16	04:31:11	37	11:38:02	
38	268	Thorsten Heidorn	IK Fyris/Triathlon	01:10:17	18	00:05:06	05:41:02	39	00:02:45	04:40:13	40	11:39:21	
39	288	Patrik Johansson	Triathlon Väst	01:24:28	55	00:09:44	05:26:41	25	00:05:13	04:33:35	39	11:39:40	
40	388	Stefan Wallin	Dalregementets IF	01:35:18	62	00:06:57	05:28:42	26	00:05:40	04:27:02	35	11:43:37	
41	273	Eric Anhage	FK Herkules Triathlon	01:18:34	41	00:06:30	05:56:51	50	00:03:01	04:20:40	31	11:45:33	
42	292	Urban Ljungquist	338 Småland Triathlon & MSF	01:04:25	8	00:02:36							

## Kalmar Triathlon 2010 Resultatlista

### Herrar master 40

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
54	278	Maths Nilsson	Stockholm City Triathlon	01:16:46	35	00:03:55	05:55:54	49	00:03:03	05:26:54	57	12:46:30	
55	247	Kjell Lindblom	Eskilstuna IK Triathlon	01:21:47	50	00:05:53	06:33:00	58	00:03:54	04:45:32	42	12:50:04	
56	280	Frithjof Theens	Stöcke TS Järnet	01:33:51	61	00:06:19	06:21:23	57	00:03:01	04:50:03	45	12:54:36	
57	269	Patrick Mauritzon	Stöcke TS Järnet	01:33:07	60	00:05:12	05:24:59	23	00:09:12	05:59:16	58	13:11:43	
58	249	Lars Adolffson	Stockholm City Triathlon	01:45:54	64	00:05:19	07:06:48	61	00:03:15	04:45:23	41	13:46:37	
298		Terje Berge	Oslofjord Triathlon Klubb	01:15:23	30	00:07:10							DNF
282		Stefan Åberg	Tyresö SS										DNF
253		Johan Tullare	Ironmaniac Triathlon Club	01:23:44	52	00:06:15	06:38:52	59	00:04:04				DNF
294		Crister Löfgren	Östersunds CK	01:18:25	40	00:02:29	05:20:21	19	00:02:52				DNF
275		Patrik Gustafson Björkqvist	Triathlon Väst										DNF
271		Fernando Huerta	Södertälje Simsällskap Triathlon	01:10:38	20	00:03:03	05:11:17	10	00:02:16				DNF
251		Frank Thommesen	SK Rye	01:24:22	54	00:05:30							DNF
279		Magnus Svahn	Kalmar Running Club	01:15:42	32	00:12:17	06:40:23	60	00:04:45				DNF

### Herrar master 45

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	329	Joachim Grütjen	Tri Elksm Schleiden	01:11:28	10	00:02:57	04:39:17	1	00:02:56	03:19:04	1	09:15:40	
2	310	Sten Orsvärn	Stockholm City Triathlon	01:07:46	3	00:01:43	05:10:15	4	00:01:29	03:31:38	2	09:52:49	
3	311	Mikael Bergqvist	338 Småland Triathlon & MSF	01:11:58	11	00:02:18	05:14:23	8	00:02:45	03:57:58	6	10:29:20	
4	337	Björn Tunemalm	Stöcke TS Järnet	01:11:59	12	00:02:18	05:23:32	10	00:01:29	03:50:51	3	10:30:08	
5	342	Jörgen Härdstedt	Lidan Tri Club	01:19:14	19	00:05:33	05:12:16	6	00:03:18	03:57:18	5	10:37:37	
6	315	Lars-Göran Petersson	Kalmar Running Club	01:23:43	23	00:06:12	04:51:16	3	00:02:37	04:16:48	13	10:40:32	
7	343	Thomas Eriksson	I 2 IF Karlstad	01:13:00	13	00:04:18	05:13:33	7	00:04:51	04:12:22	12	10:48:02	
8	390	Carl Lindgren	Stockholmspolisens IF-Triathlonförening	01:21:16	20	00:03:27	05:33:39	16	00:01:24	03:52:18	4	10:52:03	
9	335	Magnus Strömsten	Triathlon Syd	01:23:03	21	00:06:08	05:38:19	18	00:03:44	03:59:35	7	11:10:48	
10	316	Bernhard Hirschauer	Stockholmspolisens IF-Triathlonförening	01:17:28	17	00:03:46	05:44:34	20	00:01:34	04:03:40	8	11:11:00	
11	314	Per Englund	Stockholm City Triathlon	01:08:20	5	00:03:40	05:45:52	21	00:01:55	04:11:38	11	11:11:22	
12	339	Bo Edin	Väsby SS Triathlon	01:09:36	7	00:04:09	05:29:08	12	00:03:01	04:34:16	16	11:20:08	
13	324	Eyvind Ottesen	Trondheim Triathlonklubb	01:23:35	22	00:06:26	05:31:41	15	00:04:53	04:16:53	14	11:23:26	
14	333	Erik Gyllenstierna	Lidingö Triathlon	01:13:04	14	00:04:55	05:27:06	11	00:03:48	04:46:48	18	11:35:39	
15	312	Dan Samson	Tyresö SS	01:18:43	18	00:02:19	05:19:27	9	00:02:51	04:57:07	21	11:40:25	
16	330	Frank Hechmann	Odder Atletik og Motion	01:16:10	16	00:05:12	05:39:42	19	00:03:32	04:38:48	17	11:43:23	
17	325	Pål Berntsen	Trondheim Triathlonklubb	01:53:33	31	00:08:02	05:30:30	14	00:05:25	04:11:17	10	11:48:45	
18	338	Urban Blücher	Lammhult Cyklisterna	01:23:52	24	00:05:07	05:50:51	24	00:07:27	04:22:37	15	11:49:51	
19	320	Per-Ake Friberg	Väsby SS Triathlon	01:15:20	15	00:05:52	05:50:44	23	00:04:42	04:48:59	19	12:05:34	
20	340	Martin Isaksson	Vallentuna CK Triathlon	01:04:09	1	00:03:21	05:36:59	17	00:03:20	05:22:01	25	12:09:48	
21	336	Peter Andersson	Triathlon Syd	01:24:25	26	00:08:18	06:35:53	28	00:03:47	04:09:14	9	12:21:35	
22	332	Mikael Hansson	Trollhättans SOK Triathlon	01:24:13	25	00:06:07	05:49:02	22	00:04:24	05:19:16	24	12:43:00	
23	319	Joakim Petersson	Väsby SS Triathlon	01:40:06	30	00:06:08	06:06:47	25	00:02:34	05:01:42	22	12:57:15	
24	321	Mats Korner	Lammhult Cyklisterna	01:26:09	27	00:06:34	06:12:32	27	00:03:49	05:13:47	23	13:02:49	
25	331	Michael Rooslien	Stockholmspolisens IF-Triathlonförening	01:29:18	28	00:05:36	06:41:21	29	00:04:02	04:52:59	20	13:13:14	
334		Lars Winterhalter	HS Tri	01:10:54	8	00:07:30							DNF
318		Gunnar Bergmark	338 Småland Triathlon & MSF	01:08:22	6	00:03:00	06:07:45	26	00:03:26				DNF
391		Søren Veje Kristensen	Fredericia Triathlon Team										DNF
341		Nikolaj Jeric	IK Hakarpspojarna	01:07:54	4	00:02:54	05:11:21	5	00:02:34				DNF
323		Håkan Kjellman	Stockholmspolisens IF-Triathlonförening	01:32:16	29	00:19:03	07:09:23	30	00:12:59				DNF
322		Johnny Friman	Södertälje Simsällskap Triathlon	01:11:04	9	00:02:24	05:29:15	13	00:03:33				DNF
394		Tomas Gustavsson	Kalmar Running Club	01:07:27	2	00:02:50	04:51:15	2	00:02:47				DNF

### Herrar master 50

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	349	Håkan Pärsson	Triathlon Syd	01:14:08	6	00:02:44	05:20:28	3	00:02:01	03:36:15	3	10:15:34	
2	345	Peter Agelii	Väsby SS Triathlon	01:15:55	8	00:02:31	05:23:28	4	00:01:48	03:32:30	2	10:16:11	
3	364	Thomas Opel	Tri-Club Wuppertal	01:16:03	9	00:06:06	05:17:29	1	00:06:26	04:05:11	6	10:51:14	
4	359	Jan Richardsson	Triathlon Syd	01:29:09	15	00:06:40	05:27:53	5	00:03:14	03:55:25	5	11:02:18	
5	363	Jan Lindh	Stockholmspolisens IF-Triathlonförening	01:11:00	3	00:04:30	05:32:45	6	00:03:05	04:12:35	8	11:03:53	
6	360	Magnus Orrebrant	Triathlon Väst	01:19:15	11	00:04:26	05:18:55	2	00:02:35	04:19:53	10	11:05:02	
7	366	Esa Ojala	Stamina Triathlon Club	01:07:03	2	00:04:24	05:33:14	7	00:03:02	04:18:10	9	11:05:52	
8	347	Magnus Lindén	Sjöbo Simsällskap	01:35:36	18	00:10:23	06:00:09	13	00:04:45	03:27:13	1	11:18:05	
9	353	Jan Olsson	Ironmaniac Triathlon Club	01:27:16	14	00:05:19	05:49:10	9	00:03:06	03:55:02	4	11:19:51	
10	365	Laszlo Patocs	IK Hakarpspojarna	01:11:17	4	00:04:18	06:01:21	14	00:02:32	04:06:51	7	11:26:17	
11	350	Jan Kiholm	HS Tri	01:05:13	1	00:03:20	05:41:39	8	00:02:55	04:44:27	14	11:37:33	
12	361	Finn Rosenqvist	Stockholm City Triathlon	01:14:31	7	00:03:33	05:54:55	12	00:02:20	04:38:58	13	11:54:15	
13	358	Auvo Kulppi	SLK Oxelösund	01:27:10	13	00:06:06	05:54:03	11	00:03:01	04:27:22	11	11:57:40	
14	346	Ralph Peeker	Triathlon Väst	01:29:13	16	00:06:16	05:49:27	10	00:02:36	04:44:45	15	12:12:15	
15	356	Gerhard Sixt	ATSV Braunau Triathlon	01:19:03	10	00:06:18	06:14:38	16	00:02:39	04:33:08	12	12:15:44	
16	362	Ola Langvall	338 Småland Triathlon & MSF	01:13:59	5	00:02:37	06:09:21	15	00:04:03	04:59:18	17	12:29:16	
17	351	Gustaf Risling	Stockholm City Triathlon	01:45:12	19	00:11:54	06:38:44	18	00:04:10	04:55:42	16	13:35:40	
355		Jørgen Langgaard	Klub I-TRI	01:19:28	12	00:05:50							DNF
354		Uwe Treffinger	TV Auenheim	01:32:38	17	00:07:14	06:21:42	17	00:04:30				DNF

### Herrar master 55

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	368	Finn Borg	Tyresö SS	01:12:32	1	00:03:30	05:08:14	1	00:02:11	03:48:48	1	10:15:13	
2	374	Erkki Anunti	Arctic Triathlon	01:16:49	3	00:03:31	05:48:21	2	00:02:19	04:29:10	3	11:40:07	
3	370	Erik Dahlberg	Östersunds CK	01:33:00	8	00:09:11	06:24:22	7	00:05:44	04:09:03	2	12:21:18	
4	395	Hans Åhman	Östgöta helikopter SK o IF	01:16:08	2	00:05:29	06:26:18	8	00:03:32	04:49:23	4	12:40:48	
5	375	Nils Holmström	Stockholm City Triathlon	01:28:12	6	00:05:24	05:55:45	5	00:03:53	05:19:22	6	12:52:34	
6	373	Johan Carlsson	Trollhättans SOK Triathlon	01:52:02	9	00:08:20	06:16:19	6	00:03:12	05:07:21	5	13:27:12	
7	377	Stefan Aldén	Vallentuna CK Triathlon	01:57:23	10	00:14:45	07:00:14	10	00:07:13	05:22:47	7	14:42:20	
376		Hans Lundgren	Stockholmspolisens IF-Triathlonförening	01:17:44	4	00:04:04	05:48:33	3	00:02:57				DNF
371		Björn Gärdensjö	I 2 IF Karlstad	01:27:48	5	00:20:29	06:27:24	9	00:07:58				DNF
369		Peter Peinzger	Triathlon Syd	01:31:43	7	00:04:51	05:51:33	4	00:03:52				DNF

### Herrar master 60

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	380	Hans-Olov Sandelin	Idrottsklubben Wilske	01:34:38	2	00:11:18	06:46:58	2	00:10:54	04:04:32	1	12:48:18	
2	378	Kalle Svensson	Riksbankens Idrottsförening	01:19:39	1	00:06:35	06:12:08	1	00:05:32	05:16:06	2	12:59:59	
3	379	Christer Schapiro	Stockholmspolisens IF-Triathlonförening	01:40:57	3	00:04:08	06:47:57	3	00:02:58	05:18:19	3	13:54:18	

### Herrar motion

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	641	Marcus Larsson	Gotlands IdrottsCenter	01:01:10	5	00:03:17	04:45:28	1	00:02:00	03:13:00	1	09:04:53	
2	682	Jens Christiansen	Fegen	00:53:28	2	00:04:49	05:01:14	3	00:03:08	04:00:32	32	10:03:09	
3	649	Mattias Almkvist	Solna	01:22:07	93	00:05:33	05:18:21	11	00:01:59	03:15:51	2	10:03:49	
4	675	Mikael Nelker	Stockholmspolisens IF-Triathlonförening	01:10:50	26	00:03:53	05:22:38	15	00:01:59	03:35:37	7	10:14:55	
5	656	Robert Malmgren	Brandkärens IK Borås		1	01:12:12	04:59:33	2	00:02:53				

## Kalmar Triathlon 2010 Resultatlista

### Herrar motion

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
6	717	Ashkan Fivrin	Triathlon Väst	01:11:40	29	00:06:29	05:24:52	23	00:03:40	03:35:20	6	10:21:59	
7	578	Martin Hörnstein	IK Hakarpspojarna	01:22:12	96	00:05:04	05:32:11	35	00:04:09	03:24:43	3	10:28:17	
8	588	Henrik Roldsgaard	Horsens	01:11:47	30	00:06:10	05:29:14	31	00:03:45	03:38:49	8	10:29:43	
9	654	Jonas Andersson	Frostamultisport klubb	01:08:11	19	00:02:55	05:37:27	45	00:01:47	03:42:30	11	10:32:48	
10	541	Petter Liif	Stockholmsspolisens IF-Triathlonforening	01:15:08	47	00:03:42	05:29:23	32	00:03:01	03:42:26	10	10:33:38	
11	718	Andreas Österlund	Axa Sportsclub	01:14:20	44	00:06:31	05:21:30	12	00:04:08	03:47:33	15	10:34:00	
12	479	Tim Lupton	338 Småland Triathlon & MSF	01:15:27	49	00:03:14	05:23:51	18	00:04:08	03:52:44	21	10:39:22	
13	485	Andreas Bjärsvik	SK 70	01:04:45	13	00:04:58	05:39:00	50	00:03:16	03:48:42	16	10:40:39	
14	473	Ole Rosengren	Åros	01:27:49	154	00:03:05	05:23:45	17	00:04:48	03:41:56	9	10:41:20	
15	692	David Andersson	Uppsala	01:04:40	12	00:03:58	05:38:01	47	00:02:54	03:52:06	20	10:41:37	
16	555	Mikael Sandzelius	Älvdalens IF	01:11:51	31	00:03:39	05:32:21	36	00:02:14	03:55:12	23	10:45:15	
17	571	Per Bergh	Livgardet	01:08:09	18	00:03:32	05:55:45	84	00:03:43	03:34:26	5	10:45:33	
18	650	Anders Ekholm	Örebro AIK	01:13:05	35	00:04:06	05:24:42	22	00:02:15	04:01:57	34	10:46:03	
19	683	Geoff Gerring	Uppsala	01:02:01	7	00:06:14	05:41:11	51	00:05:29	03:58:25	27	10:53:18	
20	691	Johan Lönnqvist	Uppsala	01:09:08	21	00:04:15	05:29:54	34	00:04:11	04:08:24	40	10:55:50	
21	438	Per Mårtensson	Shake n Bake Triathlon	01:25:23	131	00:03:42	05:26:39	27	00:02:12	03:58:49	28	10:56:43	
22	610	Hans Lundkvist	Östersunds CK	01:14:12	43	00:04:19	05:22:03	13	00:02:35	04:14:04	53	10:57:10	
23	524	Rasmus Skovgaard	KTK86	01:13:48	41	00:04:23	05:24:17	20	00:03:51	04:11:27	45	10:57:44	
24	463	Nicklas Persson	Ängelholm	01:26:30	142	00:04:42	05:24:13	19	00:01:56	04:01:48	33	10:59:08	
25	562	Jonas Nilsson	Strömsholms SS	01:18:31	66	00:05:12	06:02:18	103	00:03:09	03:31:08	4	11:00:15	
26	422	Michael Sigl	ASV Süchteln e.V.	01:07:24	17	00:03:14	05:34:58	40	00:03:12	04:15:23	56	11:04:08	
27	525	Rasmus Sellehed	LK Myran	01:24:45	126	00:04:03	05:35:22	41	00:04:21	03:55:58	25	11:04:28	
28	670	Henrik Thoren	Plötslig Löpning	01:26:21	136	00:05:06	05:45:55	62	00:02:21	03:45:24	13	11:05:05	
29	547	Johan Bjurelid	Sportson Kalmar	01:17:30	60	00:06:27	05:26:20	26	00:03:57	04:13:54	51	11:08:07	
30	636	Staffan Isacson	Lindesbergs lasarett	01:13:44	40	00:04:37	05:22:21	14	00:03:34	04:23:57	84	11:08:11	
31	601	Gustav Wiberg	Västerås Simsällskap	01:15:44	52	00:07:20	05:45:48	61	00:02:41	03:57:34	26	11:09:05	
32	514	Patrik Attemark	Svahns Änglar	01:20:01	76	00:05:13	05:41:30	53	00:02:19	04:00:18	31	11:09:19	
33	608	Peter Belling	Ica Supermarket Länsmanstorget	01:24:53	128	00:07:59	05:09:41	6	00:05:33	04:21:22	73	11:09:28	
34	609	Robert Isaksson	Ullatti IF	01:24:38	121	00:06:03	05:54:33	79	00:02:38	03:43:47	12	11:11:37	
35	477	Joakim Almlöf	Nordialog	01:03:17	9	00:07:27	05:33:41	38	00:04:33	04:25:29	87	11:14:26	
36	681	Henrik Andersson	Tri United	01:24:23	118	00:04:06	05:25:43	24	00:02:23	04:18:11	63	11:14:44	
37	631	Lennart Pettersson	Malungs if	01:21:08	82	00:05:03	05:55:16	81	00:02:44	03:51:39	19	11:15:48	
38	626	Jon Samuelsson	Bälsta SK	01:07:58	3	00:04:19	06:15:26	57	00:04:26	03:54:02	22	11:16:09	
39	634	Ulf Aronsson	Team Stockholm Marathon	01:16:53	57	00:05:23	05:26:42	28	00:04:22	04:23:34	79	11:16:51	
40	699	Robin Boheman	Stockholm	01:11:25	28	00:04:44	06:05:39	117	00:05:20	03:51:09	18	11:18:15	
41	471	Klas Sjöström	ART	01:28:25	157	00:08:04	05:13:34	7	00:07:10	04:21:44	74	11:18:55	
42	633	Erland Nilsson	FLIR	01:22:55	103	00:05:02	05:29:30	33	00:01:36	04:21:13	70	11:20:13	
43	582	Albert Jansen	Team Amsterdam-Marielund	01:06:43	16	00:06:31	05:38:41	49	00:04:54	04:26:34	94	11:23:21	
44	613	Leif Nyberg	NOBEL AKTIV IF	01:26:53	147	00:03:46	05:28:28	30	00:02:17	04:23:37	80	11:25:00	
45	431	Kimmo Kaila	Nastola Naseva	01:24:15	115	00:06:09	05:38:01	46	00:02:28	04:14:52	55	11:25:43	
46	689	Per-Olof Fix	Gagnef IF	01:24:42	123	00:08:09	05:41:18	52	00:06:09	04:05:31	39	11:25:47	
47	537	Per Lindeberg	MOB IF	01:16:34	55	00:06:06	05:50:00	68	00:04:08	04:10:29	44	11:27:15	
48	533	Jan Wiberg	Olso Högalpina Silverfiskar	01:36:06	192	00:05:58	05:52:51	76	00:03:37	03:48:48	17	11:27:19	
49	460	Joakim Nilsson	Sätters bridgeklubb	01:04:13	11	00:05:15	05:50:21	69	00:04:58	04:23:33	78	11:28:19	
50	690	Anders Sandberg	Axa-sportklubb	01:23:56	108	00:11:05	05:47:31	64	00:06:03	04:02:35	36	11:31:08	
51	705	Andreas Ekdahl	Lidköpings cykelklubb	01:13:15	37	00:07:20	05:33:53	39	00:04:26	04:32:26	110	11:31:19	
52	628	Patrik Östberg	Frostamultisport klubb	01:22:12	95	00:08:08	05:57:57	90	00:04:19	03:59:13	29	11:31:46	
53	674	Mikael Magnusson	Falköpings CK	01:40:51	217	00:07:11	05:15:00	8	00:10:37	04:18:22	64	11:32:00	
54	548	Jari Virtanen	Nastolan Naseva	01:26:59	148	00:06:36	05:24:34	21	00:03:47	04:30:44	104	11:32:39	
55	424	Johan Helgesson	Team Skårgården	01:24:40	122	00:04:12	06:03:17	109	00:02:49	03:59:33	30	11:34:28	
56	637	Erik Svensson	White Pony Runners	01:13:14	36	00:04:05	05:48:56	66	00:02:38	04:27:56	99	11:36:48	
57	695	Mario Secci Aasen	The Absolut Company	01:21:59	91	00:07:25	05:52:12	74	00:04:35	04:13:25	49	11:39:34	
58	502	Jörgen Stenquist	TriHealth Fitness	01:27:17	150	00:06:02	05:48:17	65	00:03:29	04:14:44	54	11:39:48	
59	483	Christer Moberg	Hudiksvalls Simsällskap	01:08:17	20	00:06:41	05:51:10	72	00:05:19	04:28:43	101	11:40:08	
60	512	Anders Jans	IFK Mora	01:26:23	137	00:05:20	05:49:43	67	00:03:32	04:17:31	60	11:42:27	
61	559	Jonas Rutström	Uppsala	01:11:24	27	00:05:37	05:16:07	10	00:03:22	05:06:47	176	11:43:14	
62	488	Mats Svensson	Marinbasen, Karlskrona	01:21:05	81	00:05:28	05:32:24	37	00:04:43	04:40:11	126	11:43:49	
63	666	Jerry Friman	Södertälje Simsällskap Triathlon	01:15:40	51	00:04:25	05:36:39	44	00:03:49	04:43:33	131	11:44:05	
64	639	Jimmy Elfsberg	Hässelby	01:19:59	75	00:03:34	05:50:49	70	00:04:00	04:26:35	95	11:44:55	
65	475	Kristian Rybak	Heleneholms IF Tri Team	01:15:17	48	00:06:15	05:57:23	88	00:05:22	04:20:56	68	11:45:11	
66	478	Øvind Bergene	Nexans BIL	01:12:14	33	00:09:05	06:00:03	97	00:08:19	04:16:00	57	11:45:39	
67	425	Björn Geideby	IFK Snösättra Dart	01:25:49	133	00:04:33	05:36:24	43	00:03:10	04:35:54	120	11:45:48	
68	655	Joakim Nilsson	Brandkärens ik	01:04:01	10	00:03:26	05:45:34	60	00:02:39	04:51:04	148	11:46:42	
69	625	Joakim Wallén	Skövde SS	01:20:26	78	00:09:41	05:50:49	71	00:03:35	04:23:01	76	11:47:29	
70	676	Mats Larsson	Stockholm	01:35:14	190	00:07:28	05:15:08	9	00:05:39	04:45:08	137	11:48:35	
71	720	Peter Rejler	Rejlers IF	01:21:36	86	00:07:05	05:53:42	78	00:07:21	04:20:36	67	11:50:17	
72	668	Fredrik Pettersson	Sävedalen	01:18:23	65	00:10:11	06:12:52	143	00:07:08	04:02:05	35	11:50:38	
73	453	Lars Henriksson	Lund	01:28:52	160	00:06:35	05:23:00	16	00:03:24	04:49:05	145	11:50:54	
74	490	Stefan Torstensson	Tungelsta	01:13:26	39	00:05:40	05:27:31	29	00:02:32	05:03:45	169	11:52:52	
75	593	Stefan Welin	Kista	01:37:02	198	00:04:09	05:25:50	25	00:03:39	04:44:01	134	11:54:39	
76	444	Joakim Carlberg	Höganäs	01:11:56	32	00:04:22	05:59:44	94	00:02:58	04:35:58	121	11:54:56	
77	549	Christian Persson	Sundbyberg	01:22:02	92	00:07:00	06:02:33	106	00:04:47	04:18:45	65	11:55:06	
78	500	Rune Herringbotn	Snakeoil Triathlon	01:18:18	63	00:10:20	06:03:26	110	00:05:51	04:17:36	61	11:55:29	
79	673	Simon Quick	Scania IF	01:27:18	151	00:04:19	05:59:55	96	00:04:02	04:20:56	69	11:56:27	
80	519	Anders Ahlgren	Helsingborg	01:32:55	175	00:03:21	05:35:55	42	00:03:11	04:41:09	128	11:56:29	
81	679	Dino Susic	Stockholm City Triathlon	01:36:32	195	00:06:41	06:23:00	178	00:05:09	03:45:52	14	11:57:12	
82	618	Bo Sundström	Kalmar Running Club	01:21:15	85	00:10:51	06:07:45	124	00:09:01	04:10:11	43	11:59:02	
83	602	Anders Larsen	Östersunds CK	01:13:17	38	00:05:02	05:59:02	93	00:02:50	04:39:58	125	12:00:08	
84	452	Christer Svantesson	Vi som springer	01:46:37	231	00:06:37	05:53:42	77	00:04:37	04:08:48	41	12:00:20	
85	577	Simon Coletti Pettersson	Eskilstuna	01:20:04	77	00:04:56	06:07:47	125	00:03:26	04:25:38	88	12:01:49	
86	480	Martin Sandgren	Örestadcyklisterna IF	01:28:42	159	00:09:06	06:09:13	130	00:02:05	04:13:04	48	12:02:08	
87	572	Jonas Boström	Alnö Race Team	01:26:26	138	00:06:28	06:03:54	112	00:03:46	04:23:12	77	12:03:45	
88	437	Magnus Stålnacke	Studentidrotten Luleå	01:26:05	134	00:07:40	06:06:12	118	00:03:55	04:21:13	71	12:05:03	
89	447	Dick Fredholm	Scania IF	01:26:28	139	00:07:15	05:58:43	92	00:06:18	04:26:37	96	12:05:19	
90	468	Johan Gustavsson	IK Wilske	01:22:52	100	00:04:50	06:31:25	199	00:03:34	04:02:57			

## Kalmar Triathlon 2010 Resultatlista

### Herrar motion

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
105	575	Axel Moberg	Stockholm	01:12:32	34	00:06:30	06:20:36	166	00:04:37	04:30:19	103	12:14:32	
106	638	Michael Melin	Osby	01:26:07	135	00:10:23	06:12:01	141	00:05:45	04:21:13	72	12:15:28	
107	432	Christer Sterving	RAMLÖSA	01:18:21	64	00:05:29	05:51:44	73	00:04:14	04:56:30	155	12:16:15	
108	627	Jörgen Svensson	Kalmar Running Club	01:24:44	125	00:04:34	06:02:25	104	00:02:27	04:44:07	135	12:18:15	
109	576	Mikael Kjellberg	Åhus	01:41:49	219	00:09:27	06:09:51	134	00:02:58	04:17:27	59	12:21:30	
110	700	Tobias Andersson	IK Wiiske	01:25:42	132	00:09:28	06:04:09	113	00:11:47	04:32:04	109	12:23:08	
111	642	Jonas Wincent	IFK Sala	01:24:27	119	00:06:32	05:54:50	80	00:04:20	04:53:38	153	12:23:44	
112	433	Jan Thorsson	Halmstad Garnisons IF	01:43:53	225	00:04:46	06:22:17	175	00:03:12	04:09:46	42	12:23:53	
113	647	Andreas Enarsson	Fortis	01:32:09	171	00:07:38	06:14:47	148	00:03:48	04:26:00	91	12:24:20	
114	589	Claus Bohn Jespersen	Copenhagen	01:29:34	161	00:07:08	05:43:17	56	00:04:06	05:00:43	167	12:24:45	
115	542	Philip Pettersson	Saltsjö-Boo	01:24:12	113	00:05:58	06:17:33	158	00:05:00	04:32:31	111	12:25:12	
116	645	Jonas Johansson	Järfälla	01:40:10	214	00:07:22	06:15:46	152	00:02:20	04:19:49	66	12:25:25	
117	616	Sebastian Zarebski	Uppsala	01:01:31	6	00:04:35	06:36:32	211	00:03:51	04:39:32	124	12:25:59	
118	687	Patric Antonsson	Loco Atletico	01:34:46	185	00:06:01	06:18:37	161	00:05:24	04:22:44	75	12:27:30	
119	521	Peeter Kinnunen	MOB IF	01:21:44	88	00:04:27	06:03:16	108	00:02:59	04:57:17	158	12:29:42	
120	581	Mats Millnert	Hemligt	01:15:29	50	00:05:24	06:06:26	119	00:04:00	04:58:28	162	12:29:46	
121	623	Pål Lorentzon	Nacka	01:31:11	167	00:08:26	06:10:53	137	00:09:09	04:30:55	105	12:30:32	
122	476	Reine Gunnarsson	Stockholm	01:26:47	145	00:08:56	06:00:26	99	00:07:37	04:47:40	140	12:31:24	
123	456	Erik Kollinius	Sundbyberg	01:17:12	59	00:04:44	06:03:34	111	00:04:47	05:01:45	168	12:31:59	
124	671	Tommy Sarenbrant	Team B3IT	01:10:20	24	00:03:44	06:15:53	153	00:04:27	04:57:46	159	12:32:07	
125	522	Dan Björkqvist	Helsinki Triathlon	01:32:41	173	00:15:17	06:13:04	145	00:09:11	04:23:55	82	12:34:07	
126	719	Håkan Krantz	Kalmar Running Club	01:16:33	54	00:08:19	06:00:19	98	00:09:39	05:00:20	163	12:35:09	
127	503	Patrik Wilund	Göteborg	01:30:03	162	00:07:10	06:09:22	131	00:04:47	04:44:15	136	12:35:35	
128	688	Kristofer Felten	K Felten Consulting	01:20:59	80	00:07:50	06:10:34	136	00:12:37	04:43:59	133	12:35:57	
129	662	Mats Johansson	Stena Recycling AB	01:14:01	42	00:08:48	06:02:13	102	00:05:34	05:06:32	175	12:37:06	
130	462	Carl Nordin	KiCa Running	01:39:26	213	00:10:49	06:09:37	132	00:08:46	04:28:51	102	12:37:27	
131	434	Jonas Andersson	Kalmar Running Club	01:21:38	87	00:03:55	05:38:26	48	00:02:07	05:31:40	210	12:37:44	
132	702	Kenneth M Forsberg	Kalmar Running Club	01:17:53	61	00:05:39	06:12:20	142	00:05:23	04:56:59	157	12:38:12	
133	621	Per André	Handelsbanken IF	01:32:53	174	00:08:52	06:22:22	177	00:06:59	04:27:20	98	12:38:24	
134	495	Fredrik Olofsson	Göteborg	01:23:01	104	00:06:52	05:56:38	87	00:03:44	05:08:32	183	12:38:45	
135	677	Alexander Brännkärr	Uppsala	01:30:05	163	00:13:29	06:22:20	176	00:08:04	04:25:02	86	12:38:58	
136	564	Daniel Fredriksson	FK Herkules Triathlon	01:38:44	205	00:06:33	06:15:53	154	00:03:52	04:34:30	115	12:39:30	
137	470	Fredrik Hägglund	Soulbone IK	01:18:46	68	00:05:11	06:30:46	197	00:08:22	04:37:01	122	12:40:05	
138	439	Mattias Wallander	Vegan Runners IK	01:24:48	127	00:05:24	05:56:07	85	00:07:10	05:07:30	177	12:40:57	
139	693	Antonio Fonda	M3 United	01:34:14	180	00:07:55	06:23:20	179	00:05:05	04:31:46	108	12:42:17	
140	635	Martin Bergström	Fredrikshof IF CK	01:38:43	204	00:09:37	06:23:24	181	00:04:27	04:26:22	93	12:42:31	
141	449	Johannes Hansson	Stockholm	01:19:43	72	00:04:03	06:08:49	129	00:02:36	05:07:49	179	12:42:58	
142	579	Rickard Wallén	Västerås	01:37:10	199	00:07:38	06:35:07	207	00:06:22	04:17:45	62	12:44:00	
143	494	Joachim Cronquist	Stockholm City Triathlon	01:27:20	152	00:06:22	06:01:28	101	00:05:03	05:04:12	170	12:44:22	
144	436	Henry Puttonen	Nacka	01:32:35	172	00:07:05	06:19:36	163	00:03:23	04:41:53	129	12:44:30	
145	448	Tim Hansen	Fredrikshof IF CK	01:19:50	74	00:05:45	05:58:25	91	00:03:29	05:17:35	197	12:45:02	
146	646	Jonas Rodriguez	Nacka	01:51:45	240	00:05:51	06:10:54	138	00:04:21	04:33:44	114	12:46:33	
147	630	Patrik Törnqvist	Bälänge IF	01:30:38	165	00:07:34	07:09:25	240	00:05:18	03:55:27	24	12:48:21	
148	561	Anders Paananen	Räddningstjänsten Mjölby	01:25:01	130	00:06:40	06:39:12	214	00:05:03	04:33:03	112	12:48:57	
149	530	Gunnar Jerlenius	Järfälla	01:34:58	189	00:06:26	06:12:57	144	00:02:50	04:52:19	151	12:49:29	
150	584	Jonas Porshult	Team Blekinge Löparförening	01:37:41	200	00:15:06	06:23:23	180	00:08:08	04:25:41	89	12:49:58	
151	643	Dennis Westermark	Göteborg	01:27:11	149	00:08:57	07:00:43	237	00:01:44	04:11:31	46	12:50:05	
152	632	Björn Bergman	Linköping	01:21:56	90	00:08:01	06:25:17	188	00:07:09	04:49:00	143	12:51:21	
153	569	Magnus Hurst	Uppsala	01:16:57	58	00:07:15	06:06:35	120	00:03:56	05:16:49	194	12:51:30	
154	583	Erik Åström	Skövde Triathlon klubb	01:15:06	46	00:08:14	06:08:27	127	00:08:36	05:12:54	191	12:53:15	
155	696	Emil Svårdh	Kristianstads Triathlon Klubb	01:09:46	22	00:08:12	06:03:13	107	00:05:01	05:29:16	207	12:55:25	
156	706	Andreas Stark	Fanatic & Fule Athletics	01:27:29	153	00:08:56	06:35:26	209	00:08:55	04:34:46	117	12:55:31	
157	594	Lars Fahlén	Kapabel AB	01:39:18	211	00:12:58	06:24:20	184	00:04:31	04:34:32	116	12:55:36	
158	597	Jörgen Agerbjör	Lund	01:45:38	229	00:08:08	06:18:32	160	00:08:50	04:35:12	118	12:56:18	
159	474	Rene Staedler	Städler Racing	01:28:10	156	00:08:04	06:23:34	183	00:06:42	04:50:18	146	12:56:46	
160	565	Henrik Mild	Falun	01:26:28	140	00:05:30	06:21:15	171	00:03:16	05:00:41	166	12:57:09	
161	450	Fredrik Henriksson	Drottningholm	01:24:13	114	00:09:08	06:08:09	126	00:05:09	05:10:33	187	12:57:11	
162	586	Ola Schwarz	Nybro Ski	01:31:06	166	00:06:50	06:08:36	128	00:05:40	05:05:21	172	12:57:32	
163	669	Reinhard Mathan	Bavaria	01:21:49	89	00:06:48	06:24:20	185	00:03:10	05:08:07	181	13:04:12	
164	550	Joakim Karlsson	Djursholm	01:22:54	102	00:07:42	06:21:23	172	00:04:59	05:07:31	178	13:04:26	
165	592	Daniel Alvehed	IFK Sävsjö	01:34:58	188	00:07:15	06:20:52	168	00:03:23	04:58:07	160	13:04:33	
166	711	Jan Lindholm	Tryarys IF	01:23:38	106	00:11:39	06:29:38	194	00:06:28	04:53:15	152	13:04:37	
167	492	Ole Martin Dahl	Snake Oil Triathlon	01:23:57	110	00:08:02	06:23:30	182	00:05:28	05:04:45	171	13:05:40	
168	459	Joakim Lidfeldt	Lännersta Fightclub	01:34:26	181	00:11:21	06:10:03	135	00:05:27	05:05:57	173	13:07:12	
169	429	Anders Ström	Malmö	01:36:53	197	00:08:26	06:34:31	204	00:03:59	04:43:40	132	13:07:27	
170	598	Magnus Hellström	Axa sport	01:35:39	191	00:09:56	06:49:35	224	00:06:39	04:26:01	92	13:07:48	
171	446	Johan Enge	Kalmar Running Club	01:26:47	144	00:09:05	05:55:26	82	00:10:27	05:26:43	205	13:08:26	
172	715	Stefan Åkerberg	AB Möckeln Sägverk	01:34:29	182	00:08:57	06:06:48	121	00:10:32	05:08:17	182	13:09:01	
173	573	Lars Bensliman	Helsingborg	01:22:40	97	00:13:02	06:01:03	100	00:09:04	05:24:14	203	13:10:01	
174	515	Jari Ihonen	Espoo	01:33:41	177	00:08:05	06:22:11	174	00:06:16	05:00:25	164	13:10:37	
175	516	Claes Benson	Kungälv	01:58:06	248	00:12:55	06:21:12	170	00:10:19	04:28:10	100	13:10:40	
176	680	Håkan Nilsson	Kristianstads Triathlon Klubb	01:21:14	84	00:05:04	06:28:45	192	00:03:16	05:14:49	192	13:13:06	
177	566	Mikael Näslund	Tystberga	01:36:15	193	00:08:35	06:53:35	229	00:03:43	04:31:19	106	13:13:25	
178	567	Kenneth Koar-Candelöf	Hägersten	01:36:52	196	00:10:19	06:44:17	221	00:10:40	04:31:19	107	13:13:25	
179	657	Lars Ekblom	Karlstad	01:43:07	220	00:11:53	06:24:30	186	00:07:41	04:46:28	138	13:13:37	
180	587	Niklas Bark	Rönvik	01:44:23	227	00:06:50	06:14:49	149	00:07:26	05:00:30	165	13:13:56	
181	506	Magnus Eliason	Onsala	01:41:18	218	00:08:06	06:09:41	133	00:05:27	05:09:29	185	13:13:58	
182	420	Stefan Lidén	Hälsa kroppens själ i Landskrona	01:31:48	169	00:10:01	06:17:21	157	00:06:44	05:17:15	196	13:23:07	
183	484	Markus Grenestam	Borensbergs IF	01:33:23	176	00:09:27	06:06:48	122	00:06:51	05:30:18	208	13:26:46	
184	527	Jonas Tannlund	Broby GOLF	01:46:03	230	00:10:27	06:33:18	202	00:09:20	04:48:54	142	13:27:59	
185	539	Joakim Eliasson	Abb if	01:43:10	221	00:05:23	06:04:58	116	00:05:39	05:31:28	209	13:30:37	
186	497	Fredrik Dahl	Triathlon Väst	01:26:29	141	00:05:01	06:58:40	236	00:11:10	04:50:40	147	13:31:58	
187	498	Mårten Nilsson	Uppsala	01:24:44	124	00:08:14	06:35:31	210	00:06:33	05:17:08	195	13:32:07	
188	596	Patrik Yderberg	Springtime	02:31:54	256	00:13:34	06:29:20	193	00:				

## Kalmar Triathlon 2010 Resultatlista

### Herrar motion

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
204	419	Lennart Nilsson	Löparfolket Kosta	01:40:47	216	00:11:26	07:01:31	238	00:04:25	04:52:02	149	13:50:09	
205	658	Tomas Magnusson	Volvo IF	01:36:27	194	00:10:18	06:43:25	220	00:12:52	05:08:55	184	13:51:56	
206	435	Stefan Linder	Södersjukhusets IF	01:38:19	203	00:10:09	06:30:00	195	00:11:21	05:23:08	200	13:52:55	
207	648	Tommi Midfors	Linköping	01:28:38	158	00:08:27	06:13:51	146	00:08:41	05:53:20	221	13:52:55	
208	568	Emanuel Janzon	Krivsta	01:48:04	232	00:13:22	06:33:51	203	00:12:04	05:10:05	186	13:57:24	
209	482	Pär Angerfelt	Fredrikshof IF CK	01:10:33	25		06:36:44	212	00:09:39	06:00:31	223	13:57:25	
210	703	Thomas Pettersson	Skärholmen	01:22:09	94	00:05:02	06:20:54	169	00:05:14	06:04:28	225	13:57:44	
211	652	Christian Gustafsson	Stockholm	01:58:51	249	00:07:41	06:39:16	215	00:05:55	05:06:16	174	13:57:57	
212	455	Mikael Jacobs	Sundbyberg	02:10:51	254	00:09:22	06:32:06	200	00:03:10	05:07:57	180	14:03:24	
213	543	Peter Sköllermark	Luleå	01:48:24	235	00:09:23	06:49:48	225	00:04:11	05:12:29	190	14:04:14	
214	513	Jörgen Ohlsson	Volvo IF	01:44:18	226	00:06:47	06:28:21	190	00:08:39	05:39:16	215	14:07:19	
215	686	Magnus Söderblom	Årna IF	01:43:23	223	00:08:26	06:35:17	208	00:06:16	05:37:32	213	14:10:52	
216	504	Henrik Bahrenscheer	CK Kronborg	01:22:40	98	00:10:32	06:40:26	216	00:09:00	05:48:39	218	14:11:17	
217	560	Samuel Janzon	Stockholm	01:39:22	212	00:17:13	06:14:20	147	00:08:41	05:52:36	219	14:12:10	
218	617	Christer Jungeblad	I 2 IF Karlstad	01:28:05	155	00:05:25	06:04:54	114	00:03:36	06:31:34	233	14:13:32	
219	546	Mikael Granath	Puppy Triathlete Society	01:16:35	56	00:06:43	06:30:41	196	00:05:35	06:14:10	229	14:13:43	
220	451	Magnus Nyberg	Kalmar Running Club	01:50:05	237	00:09:38	06:19:47	164	00:09:23	05:45:08	217	14:13:58	
221	708	Axel Johansson	Nybygdens IK	01:34:53	186	00:11:13	06:31:01	194	00:05:55	05:53:00	220	14:15:59	
222	464	Mats Runesson	OK Lindena	01:53:53	242	00:05:17	06:49:55	226	00:03:58	05:24:54	204	14:17:56	
223	441	Jonas Andersson	Åsarp	01:06:25	14	00:07:07	06:47:28	222	00:06:25	06:11:00	227	14:18:22	
224	442	Joachim Ahl	Falköping	02:01:16	250	00:07:36	06:40:42	217	00:06:10	05:22:42	199	14:18:23	
225	678	Kristian Roth	Stockholm	01:26:34	143	00:07:32	06:20:19	165	00:08:48	06:16:52	230	14:20:02	
226	489	Kent Johansson	Hindås	02:07:52	251	00:12:39	06:53:38	230	00:10:28	06:58:11	161	14:22:45	
227	472	Mårten Westlund	Gosskörens CK	01:23:58	111	00:07:56	06:43:14	219	00:07:21	06:04:21	224	14:26:47	
228	721	Claus Steensbech	Roskilde	01:34:44	184	00:22:05	06:28:28	191	00:12:00	05:53:33	222	14:30:48	
229	418	Kent Linné	Bäckhammars Bruk AB	01:38:09	202	00:09:44	06:20:47	167	00:06:39	06:20:53	231	14:36:09	
230	563	Ramón Apelt	Jönköping	01:50:04	236	00:17:01	07:11:24	242	00:07:53	05:11:00	188	14:37:21	
231	499	Erik Åberg	Södertälje	01:56:03	246	00:10:52	06:47:46	223	00:07:43	05:38:41	214	14:41:02	
232	532	Patrik Markusson	Solna	01:43:27	224	00:09:07	07:20:31	244	00:05:08	05:24:08	202	14:42:20	
233	667	Claes Nilsson	Kämpinge	01:23:16	105	00:13:11	07:37:07	246	00:08:57	05:24:08	201	14:46:37	
712		Daniel Vestermark	Nordmaling	02:10:20	253	00:10:08							DNF
421		Jan Castlin	Stockholm Långdistansklubb	01:57:37	247	00:11:19	07:20:51	245					DNF
426		Karl Tore Seime	Bergen Triathlon Club										DNF
430		Johan Frisk	338 Småland Triathlon & MSF	01:24:20	117	00:03:14	05:52:20	75	00:03:29				DNF
709		Peter Nilsson	CK Antlopen	01:22:53	101	00:06:44	05:07:16	4	00:05:53				DNF
707		Peter Larsson	Bonsen Triathlon	01:34:07	179	00:06:58	05:42:47	54	00:04:50				DNF
458		Peter Levinson	Heleneholms IF Tri Team										DNF
454		Erik Hjelmberg	KBK	01:43:19	222	00:07:39							DNF
620		Jonas André	Göteborg	01:24:07	112	00:11:08	06:55:44	232	00:12:06				DNF
713		Niklas Lindell	Mälarsö SoK	01:34:34	183	00:12:41	06:25:12	187	00:19:55				DNF
606		Jan Svensson	Brittatorps Träningsklubb	01:50:07	238	00:08:33							DNF
661		Mikael Back	Vänersborg	01:48:09	234	00:09:14	07:11:22	241	00:06:32				DNF
722		Carl Helleder	FK Herkules Triathlon	01:09:58	23	00:02:57							DNF
716		Stefan Norman	Tyresö SS	01:03:03	8	00:03:00	05:09:35	5	00:02:54				DNF
615		Carl-Magnus Helgegren	Luleå Ju-Jutsu Klubb	01:48:06	233	00:08:57	08:45:21	247					DNF
651		Peter Svensson	IFK Mora	02:26:18	255	00:11:06							DNF
600		Morgan Öjersson	Helsingborg	01:23:57	109								DNF
556		Patrik Lindeberg	MOB IF	01:38:48	206	00:06:45	06:34:52	206	00:06:55				DNF
538		Bengt Pettersson	Mölbo GF	02:09:57	252	00:08:12							DNF
510		Per Karlsson	Uppsala	01:30:26	164	00:09:59	06:52:08	228	00:10:34				DNF
694		Mats Berggren	Tingsryds AIF										DNF
508		Tobias Ersson	Västra Frölunda	01:26:52	146	00:06:45							DNF
698		Torbjörn Feltendahl	Kalmar	01:19:16	71	00:05:25	06:07:15	123	00:03:53				DNF
653		Shadi Jawhari	Haninge	01:51:03	239	00:08:46	07:15:26	243	00:10:24				DNF
629		Anders Wennberg	Anderstorp OK	01:52:19	241	00:05:49	06:17:46	159	00:05:14				DNF
493		Stefan Hagberg	Stockholm City Triathlon	01:40:25	215	00:04:19							DNF

### Herrar senior

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
1	4	David Näsvik	Stockholmspolisens IF-Triathlonförening	00:56:47	9	00:01:28	04:32:45	4	00:01:11	03:03:10	3	08:35:19	
2	6	Pontus Lindberg	Stockholm City Triathlon	00:54:13	3	00:01:34	04:42:09	5	00:01:21	02:58:30	1	08:37:45	
3	5	Antti Antonov	Stockholmspolisens IF-Triathlonförening	00:56:47	8	00:02:18	04:46:23	9	00:01:04	03:03:49	4	08:50:20	
4	1	Ted Ås	Team Tenant & Partner	00:55:37	4	00:01:49	04:32:21	3	00:03:12	03:23:51	13	08:56:48	
5	7	Christian Malmström	Karlskrona Simsällskap	01:04:37	22	00:02:24	04:49:27	13	00:01:02	03:00:49	2	08:58:16	
6	13	David Svensson	Triathlon Väst	01:02:50	18	00:01:56	04:45:30	8	00:01:18	03:12:59	6	09:04:30	
7	8	Björn Englund	Stockholmspolisens IF-Triathlonförening	00:55:55	5	00:02:05	04:59:48	21	00:01:32	03:11:22	5	09:10:40	
8	84	Jonathan Love	Stöcke TS Järmet	00:59:34	10	00:02:14	04:48:37	12	00:01:31	03:21:42	10	09:13:36	
9	115	Osscar Olsson	Triathlon Väst	01:07:19	32	00:01:51	04:45:16	6	00:00:50	03:20:42	9	09:15:57	
10	91	Thobias Pettersson	Team B3 IT	00:51:20	1	00:02:12	04:52:52	17	00:01:14	03:37:35	28	09:25:11	
11	57	Fredrik Robertsson	Stockholm City Triathlon	01:01:15	14	00:02:06	04:47:01	10	00:00:51	03:35:39	24	09:26:50	
12	15	Mikael Kleberg	Örebro AIK	01:06:38	28	00:02:22	04:59:50	22	00:01:32	03:18:12	8	09:28:31	
13	68	Fredrik Carlén	IK NocOut.se	00:59:57	11	00:02:49	04:54:08	18	00:02:18	03:31:30	21	09:30:41	
14	10	Marcus Hultgren	Stockholm City Triathlon	01:08:03	34	00:04:01	04:54:28	19	00:00:55	03:26:26	16	09:33:51	
15	113	Alexander Eiler	Stockholmspolisens IF-Triathlonförening	01:01:05	13	00:02:40	04:52:43	15	00:01:33	03:41:21	31	09:39:21	
16	81	Thomas Karlsson	Västerås Simsällskap	01:09:46	40	00:01:57	05:03:46	29	00:01:34	03:23:18	11	09:40:21	
17	24	Roine Gylesjö	Tranås SS Triathlon	01:03:09	19	00:02:15	04:58:08	20	00:01:40	03:36:06	25	09:41:16	
18	51	Gustav Karlsson	Kristianstads Triathlon Klubb	00:56:39	7	00:04:00	04:45:20	7	00:01:24	03:54:21	43	09:41:42	
19	17	Marcus Norman	I 2 IF Karlstad	01:11:14	50	00:03:37	05:02:24	28	00:02:16	03:24:59	14	09:44:28	
20	103	Petter Sandelin	Idrottsklubben Wilske	01:11:54	55	00:03:38	05:06:01	31	00:01:23	03:23:29	12	09:46:22	
21	12	Björn Rosenthal	Team Tenant & Partner	01:09:59	43	00:02:10	05:07:58	32	00:01:27	03:27:00	17	09:48:33	
22	16	Johan Larsson	Stöcke TS Järmet	00:56:10	6	00:01:34	05:21:05	47	00:01:38	03:28:36	19	09:49:02	
23	71	Tobias Edin	Triathlon Väst	01:05:12	24	00:02:50	05:15:21	42	00:01:55	03:25:17	15	09:50:33	
24	49	Tore Sand-Hanssen	BK Triathlon	01:21:46	79	00:03:29	05:08:03	33	00:02:17	03:15:16	7	09:50:49	
25	47	Jonas Bergkvist	Tranås SS Triathlon	01:04:48	23	00:02:37	05:00:29	23	00:01:50	03:41:08	30	09:50:49	
26	18	Magnus Olander	Vallentuna CK Triathlon	01:13:59	60	00:02:21	04:50:06	14	00:01:35	03:44:16	34	09:52:15	
27	20	Daniel Ahl	I 2 IF Karlstad	01:08:34	37	00:04:01	05:02:07	25	00:01:34	03:36:30	26	09:52:44	
28	75	Javier Godar	Skövde Triathlon klubb	01:16:20	64	00:03:11	04:48:06	11	00:02:28	03:42:45	32	09:52:48	
29	111	Jesper Olofsson	Triathlon Väst	01:09:47	41	00:02:57	05:11:29	37	00:01:47	03:28:22	18	09:54:21	
30	19	Nils Svensson	Tyresö SS	01:02:22	17	00:03:18	05:01:14	24	00:02:24	03:47:49	37	09:57:04	
31	106	Robert Hesselring	Kalmar Running Club	01:11:46	53	00:03:55	05:09:17	35	00:01:47	03:30:28	20	09:57:11	
32	33	Björn Evensen	BK Triathlon Team	00:53:25	2	00:02:08	05:08:16	34	00:01:26	03:58:57	48	10:04:10	
33	80	Emil Johansson	Simklubben Elfsborg	01:08:17	35	00:03:01	05:13:30	39	00:02:40	03:39:17	29	10:06:43	
34	53	Magnus Johansson	Tranås SS Triathlon	01:20:57	74	00							

## Kalmar Triathlon 2010 Resultatlista

### Herrar senior

Plats	Snr	Namn	Klubb	Simning	Pl_Sim	Växling1	Cykel	Pl_Cyk	Växling2	Löpning	Pl_Löp	Sluttid	Anm
40	98	Gustav Carlsson	Simklubben Elfsborg	01:10:53	46	00:02:41	05:15:30	43	00:01:24	03:50:48	40	10:21:15	
41	30	Mikael Nordström	Örebro AIK	01:06:18	26	00:02:50	05:14:08	41	00:01:30	03:59:49	49	10:24:34	
42	61	Mattias Sjöberg	Stockholm City Triathlon	01:15:00	62	00:05:44	05:29:25	56	00:03:13	03:43:32	33	10:36:51	
43	21	Andreas Gustavsson	Kalmar Running Club	01:14:16	61	00:02:39	05:13:37	40	00:01:46	04:07:59	57	10:40:15	
44	32	Lukas Strömberg	Stockholmpolisens IF-Triathlonförening	01:10:13	44	00:03:26	05:26:43	55	00:02:03	04:06:48	55	10:49:11	
45	112	Christer Gustavsson	Team Tenant & Partner	01:12:17	57	00:03:55	05:22:30	49	00:04:25	04:07:44	56	10:50:49	
46	107	Christer Ekdahl	Lidan Tri Club	01:08:23	36	00:04:12	05:30:54	58	00:02:20	04:05:02	52	10:50:49	
47	35	Tomas Carling	Triathlon Syd	01:11:30	52	00:06:47	05:31:54	59	00:05:01	03:56:48	46	10:51:57	
48	92	Björn Strid	Stockholm City Triathlon	01:06:30	27	00:05:27	05:25:20	53	00:03:44	04:11:29	61	10:52:28	
49	67	Stefan Boremyr	Qvarnsvedens Triathlonklubb	01:21:14	77	00:03:43	05:41:33	65	00:02:07	03:45:06	35	10:53:41	
50	73	Tobias Finnsson	Östersunds CK	01:38:51	94	00:03:09	05:23:21	50	00:02:17	03:47:02	36	10:54:37	
51	58	Oskar Engberg	Norrköpings Kappsim klubb	01:18:09	69	00:03:51	05:32:45	60	00:01:47	03:58:35	47	10:55:05	
52	102	Olof Norberg	Stockholm City Triathlon	01:00:33	12	00:02:41	04:52:49	16	00:03:05	04:57:38	81	10:56:45	
53	41	Axel Bergsten	Stöcke TS Järnet	01:12:02	56	00:03:03	05:51:59	76	00:01:51	03:48:43	38	10:57:36	
54	63	Marcus Andersson	Stockholm City Triathlon	01:08:51	38	00:03:36	05:36:44	61	00:01:44	04:06:45	54	10:57:38	
55	88	Henrik Blad	Kalmar Running Club	01:19:47	73	00:03:41	05:21:54	48	00:03:23	04:09:09	58	10:57:53	
56	93	Björn Wesley	Örserums Idrottsklubb	01:26:14	87	00:10:11	05:44:01	68	00:06:35	03:33:18	23	11:00:15	
57	62	Johan Andersson	Triathlätans SOK Triathlon	01:18:07	68	00:04:05	05:26:37	54	00:02:38	04:11:20	60	11:02:46	
58	109	Ulf Karlsson	Kalmar Running Club	01:21:22	78	00:03:12	05:21:03	46	00:01:39	04:27:12	71	11:14:26	
59	59	Martin Kling	Kalmar Running Club	01:16:51	66	00:03:43	05:50:04	73	00:01:55	04:04:36	51	11:17:07	
60	39	Michael Eriksson	IFK Sala	01:07:49	33	00:03:48	05:40:07	64	00:02:17	04:28:43	72	11:22:42	
61	65	Erik Arnström	Triathlon Väst	01:13:57	59	00:06:52	05:52:14	77	00:04:41	04:05:41	53	11:23:24	
62	114	Tobias Janstad	Stockholmpolisens IF-Triathlonförening	01:11:53	54	00:02:56	06:21:05	93	00:02:27	03:48:49	39	11:27:07	
63	90	Henrik Mosén	Triathlon Väst	01:23:10	82	00:03:14	05:47:41	72	00:02:34	04:10:47	59	11:27:23	
64	100	Anders Gustafsson	Stockholmpolisens IF-Triathlonförening	01:13:00	58	00:03:03	05:43:05	67	00:03:04	04:25:57	70	11:28:08	
65	78	Erik Hooft	Stockholmpolisens IF-Triathlonförening	01:09:21	39	00:02:45	05:17:18	44	00:00:53	04:57:58	82	11:28:12	
66	29	Rune Åsprang Frøysa	Sportsklubben Ceres	01:25:45	85	00:05:02	05:24:00	52	00:03:16	04:36:21	76	11:34:22	
67	60	Jonas Birgersson	Triathlon Väst	01:26:33	88	00:07:50	05:38:51	63	00:05:11	04:16:00	64	11:34:23	
68	56	Mikael Andersson	Gävle Triathlon Klubb	01:11:01	48	00:04:06	05:59:55	85	00:02:25	04:17:06	65	11:34:31	
69	44	Pontus Runvik	Sätters IF Triathlon	01:18:24	70	00:02:14	05:58:57	84	00:02:43	04:13:49	62	11:36:05	
70	26	Emil Rydh	Triathlon Väst	01:16:58	67	00:03:18	05:54:16	79	00:01:45	04:19:55	67	11:36:10	
71	40	Gustav Eskhult	IK Fyris/Triathlon	01:26:56	90	00:06:58	05:44:19	69	00:03:42	04:14:28	63	11:36:21	
72	89	Stefan Hertil	Buena Vista Athletic Club	01:18:50	72	00:03:15	05:44:51	70	00:01:46	04:35:10	75	11:43:50	
73	37	Anders Lanvald	Väsby SS Triathlon	01:16:24	65	00:05:17	05:55:13	80	00:03:56	04:24:18	69	11:45:06	
74	50	Nichlas Zakrisson	Stockholm City Triathlon	01:21:53	80	00:04:03	05:17:27	45	00:02:03	05:01:18	83	11:46:42	
75	86	Martin Sternberg	Stockholmpolisens IF-Triathlonförening	01:04:00	20	00:03:41	05:46:53	71	00:02:10	04:51:34	79	11:48:15	
76	99	Robert Drott	I 2 IF Karlstad	01:46:15	95	00:04:43	06:03:57	88	00:01:22	03:52:30	41	11:48:45	
77	74	Henrik Fråhn	Team Tenant & Partner	01:32:28	91	00:03:57	05:57:25	83	00:01:56	04:17:19	66	11:53:04	
78	45	Adrian Shields	Stockholm City Triathlon	01:18:40	71	00:04:31	05:53:43	78	00:03:27	04:34:47	74	11:55:07	
79	34	Jonas Fransson	Stockholm City Triathlon	01:22:16	81	00:03:34	06:08:51	90	00:03:38	04:20:46	68	11:59:03	
80	55	Johan Petersson	Karlskrona Simsällskap	01:10:57	47	00:04:04	06:12:02	91	00:03:03	04:29:03	73	11:59:07	
81	28	Eirik Åsprang Frøysa	Sportsklubben Ceres	01:26:49	89	00:05:57	05:50:57	74	00:04:03	04:52:18	80	12:20:02	
82	95	Daniel Annell	338 Småland Triathlon & MSF	01:21:06	75	00:06:27	05:41:39	66	00:03:35	05:08:19	85	12:21:04	
83	31	Andreas Olsson	Ironmaniac Triathlon Club	01:26:06	86	00:03:45	06:08:08	89	00:02:32	04:42:15	77	12:22:44	
84	72	Manne Evander	Triathlon Syd	01:04:28	21	00:04:07	05:56:56	82	00:02:48	05:21:09	87	12:29:26	
85	104	Patrik Jämtvall	Örebro AIK	01:21:07	76	00:02:44	05:38:49	62	00:01:53	05:28:59	90	12:33:31	
86	46	Karländers Ax-Jansson	Simklubben Elfsborg	01:16:01	63	00:06:49	06:00:28	86	00:04:12	05:18:00	86	12:45:29	
87	101	Richard Jonsson	Skövde Triathlon klubb	01:24:33	84	00:04:42	05:55:49	81	00:02:34	05:21:47	89	12:49:22	
88	52	Filip Gustafsson	Heleneholms IF Tri Team	01:24:02	83	00:04:21	06:52:25	95	00:01:45	04:43:32	78	13:06:03	
89	23	Jesper Lindström	Stockholm City Triathlon	01:35:44	92	00:03:18	06:25:29	94	00:02:44	05:02:35	84	13:09:48	
90	96	Thomas Stade	Stockholmpolisens IF-Triathlonförening	02:08:26	96	00:11:40	06:02:35	87	00:04:35	05:21:41	88	13:48:55	
43		Fredrik Härdfeldt	Örebro AIK	01:11:21	51	00:02:16	03:29:58	2					DNF
25		Lars Ellingsen	Langesund Sykle og Triathlonklubb	01:35:50	93	00:08:07	06:12:48	92	00:05:17				DNF
3		Kristian Hallsten	Triathlon Syd	01:06:15	25	00:01:47	03:06:41	1					DNF
38		Mattias Folkesson	Örebro AIK	01:06:50	29	00:04:21	05:30:39	57	00:02:37				DNF
22		Jonas Lerneteg	Stockholm City Triathlon	01:02:18	16	00:01:57	05:51:21	75	00:02:05				DNF
70		Johan Davidsson	Nässjö SLS Triathlon										DNF
54		Robin Eriksson	I 2 IF Karlstad	01:07:13	31	00:04:19							DNF
79		Daniel Hågerby	Stockholm City Triathlon										DNF